

Join us for a special seminar

## Creating a Living Will for Alzheimer's Dementia

How to create an advance medical directive that will be effective to avoid a prolonged death with pain and suffering during advanced dementia and other terminal illness

*Presented by Dr. Stanley Terman, Medical Director for Caring Advocates*

Psychiatrist Stanley A. Terman, Ph.D., M.D., is also the author of *The BEST WAY to Say Goodbye: A Legal Peaceful Choice at the End of Life* (2007), *Lethal Choice* (2008) (a medical thriller), and *Peaceful Transitions: Stories of Success and Compassion; Plan Now, Die Later—Ironclad Strategy* (2011).

**Tuesday, January 31<sup>st</sup>, 2012 ~ 1-3pm**



Dr. Stanley Terman will present an introductory workshop to Advance Care Planning. Topics include: How can you create an effective living will? How can you set in place certain strategies to make sure that others will honor your wishes? Where can you store your completed forms so they will be available in case of emergency? Why are traditional living wills not effective?

This workshop provides a hands-on demonstration so you can see how easy it is to help make end-of-life decisions one step at a time. Once you have completed these steps, you need not worry about being trapped in a state you feel is unbearable. You can attain the goal of a timely and peaceful transition.

*Refreshments sponsored by the Ner Tamid Women's Group*